

Gospel Living – Session 3

The Spiritual Disciplines of Bible Intake & Prayer

Head

- Practices to keep God as our ultimate treasure
- Listening to God
- Talking to God

Heart

- Take some time to share about your plan to lay down an earthly treasure this past week and replacing it with treasuring Jesus.
- What has Bible Intake and Prayer looked like for you in the past and currently?
- What are common obstacles in your life to practicing the spiritual disciplines of Bible Intake and Prayer? Can you or your group think of any solutions to work around those obstacles?
- Concerning Bible Intake and Prayer, was there anything from the teaching you would like to begin implementing in your life?
- Any other takeaways and/or questions you have from this teaching?

Hands

- Having a friend or group of friends to encourage you with Bible Intake & Prayer is key to seeing it become a regular practice in your life. With that in mind, find someone or a few to do the following this week:
 - Read the Bible on your own
 - Tip: Have each person download the Read Scripture app and choose a book of the Bible for everyone to read
 - At some point this week, share with your friend(s) what has stood out to you from the Scripture passages you read
 - Share ways that your friends(s) can be praying for you
 - Find out what stood out to them from the Scripture passages they read
 - Find out ways you can be praying for them
 - Pray about the things you shared and the prayer requests they shared

Additional Resources – www.collegiateimpact.org/resources/